

2025



Lunch Wired[®]

CORPORATE CATERY

Grab n'Go Catalog

✓ Variety and Freshness

Choose from a wide range of **Grab n'Go** items including: salads, sandwiches, wraps and snack boxes.

✓ Breakfast Ready Items

Fresh baked stuffed croissants, pastries, breakfast burritos and sandwiches all pre packaged, ready for your team and guests to enjoy!

✓ Re-Heat Entrees

Savor LW's most popular flavors anytime with our line up of re-heat meals.

Grab n'Go Breakfast

Chorizo Breakfast Burrito



Seasoned eggs mixed with, green chili, chorizo sausage, breakfast potatoes, Cheddar and Jack cheese wrapped in a flour tortilla

\$7.75/ea (min 5)

Veggie Sausage Breakfast Burrito (V)



Seasoned eggs mixed with, green chili, vegetarian sausage, breakfast potatoes, Cheddar and Jack cheese wrapped in a flour tortilla

\$7.75/ea (min 5)

Morning Basics w/ Bacon



Scrambled eggs, 2 smoked bacon, served with seasoned breakfast potatoes and ketchup

\$8/ea (min 5)

Bacon Breakfast Burrito



Seasoned eggs mixed with, green chili, Bacon, breakfast potatoes, Cheddar and Jack cheese wrapped in a flour tortilla

\$7.75/ea (min 5)

Denver Frittata



Seasoned eggs mixed with, green chili, ham, sauteed peppers, sauteed onions, Cheddar and Jack cheese

\$49.50/half dozen

Morning Delux w/ Sausage



Scrambled eggs, 2 breakfast sausages, mild green chili, Cheddar and Jack cheese served with seasoned breakfast potatoes

\$9/ea (min 5)

Sausage Breakfast Burrito



Seasoned eggs mixed with, green chili, Sausage, breakfast potatoes, Cheddar and Jack cheese wrapped in a flour tortilla

\$7.75/ea (min 5)

Morning Basics w/ Sausage



Scrambled eggs, 2 breakfast sausages, served with seasoned breakfast potatoes and ketchup

\$8/ea (min 5)

Morning Delux w/ Bacon



Scrambled eggs, 2 breakfast sausages, mild green chili, Cheddar and Jack cheese served with seasoned breakfast potatoes

\$9/ea (min 5)

Grab n'Go Breakfast

Bacon Morning Sammi



Scrambled eggs, Muenster cheese, smoked bacon on a griddled bun
\$8.95/ea (min 5)

Veggie Sausage Morning Sammi (V)



Scrambled eggs, Muenster cheese, veggie sausage on a griddled bun
\$9.25/ea (min 5)

Sausage Morning Sammi



Scrambled eggs, Muenster cheese, breakfast sausage on a griddled bun
\$8.95/ea (min 5)

Ham Morning Sammi



Scrambled eggs, Muenster cheese, ham on a griddled bun
\$8.95/ea (min 5)

Plain Morning Sammi (V)



Scrambled eggs, Muenster cheese, on a griddled bun
\$7.95/ea (min 5)

French Toast (V)



Challah French toast served with maple syrup and butter
\$8.50/ea (min 5)

Scrambled Eggs & Salsa



Two extra-large scrambled eggs with salsa

\$5/ea (min 5)

Grab n'Go Fruit, Sides & Snacks

Yogurt Fruit Parfait (16 fl oz) (V)



Vanilla yogurt, almond cranberry granola, blueberries, peach, and strawberries
\$7.95/ea (min 5)

Fresh Fruit (8 fl oz) (V)



Fresh cut fruit with seasonal berries
\$4.45/ea (min 5)

Snack- Fruit and Cheese (V)



Grapes, strawberries, oranges, Cheddar, Swiss and Pepper Jack Cheeses
\$7.75/ea (min 5)

Snack- Protein Box (V)



Hardboiled egg, dried cranberries, almonds, Cheddar cheese, Pepper Jack cheese
\$7.75/ea (min 5)

Snack- Chicken Salad Box



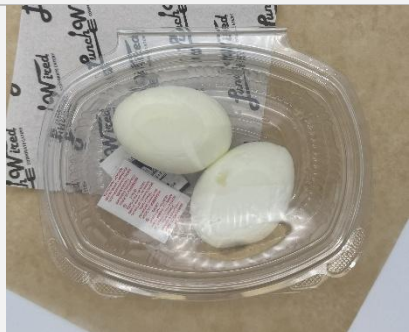
Wired Chicken Salad (Almonds, celery, red onion, cranberries, cilantro, basil, red wine vinegar, seasonings), grapes, Cheddar cheese, Pepper Jack cheese and crackers
\$7.75/ea (min 5)

Snack- Veggie & Hummus Box (V)



Roasted Onion Hummus, carrots, celery, bell peppers, grape tomatoes
\$7.75/ea (min 5)

Boiled Eggs



Two hard boiled eggs served with salt and pepper packets
\$3.75/ea (min 5)

Sliced Chicken Breast (5 oz)



Our Wired roasted chicken breast sliced thin perfect for extra protein or simple snack
\$5/ea (min 5)

Chicken Salad (5 oz)



Wired Chicken Salad with almonds, celery, red onion, cranberries, cilantro, basil, red wine vinegar, seasonings- Client Favorite!
\$6/ea (min 5)

Grab n'Go Fruit, Sides & Snacks

House Roasted Veggies (V)



Roasted sweet potato, red onion, and garbanzo beans
\$4/ea (min 5)

Italian Pasta Salad (V)



Pasta tossed in our tangy house made Greek dressing, pepperoncini, kalamata olives, artichoke hearts and cherry tomato
\$4/ea (min 5)

Kale & Quinoa Salad (V)



Kale, quinoa, toasted almonds, and apple cider vinaigrette
\$4/ea (min 5)

Famous House Made Potato Chips!

- No additives or special ingredients
- Fried in 100% Canola Oil
- Made fresh and packed in house!
- 1.5 oz individual snack size

\$2.95/ea (min 8)

Sweet BBQ



Sea Salt



Garlic Parmesan



Chocolate Fudge Brownie



\$3/ea (min 5)

Chocolate Chip Cookie



\$2.25/ea (min 5)

Peanut Butter Bar



\$3.25/ea (min 3)

Lemon Bar



\$3.85/ea (min 3)

Croissant and Jam



Fresh baked croissant served with strawberry jam
\$4.50/ea (min 6)

Chocolate Croissant



Classic chocolate croissant topped with chocolate ganache and cane sugar
\$4.95/ea (min 6)

Morning Cinnamon Bun



Butter croissant swirl with brown sugar and cinnamon
\$3.95/ea (min 6)

Stuffed Croissant- Green Chili, Egg, and Cheese (V)



Vegetarian green chili, scrambled eggs and cheese folded together in a handheld croissant
\$6.50/ea (min 6)

Stuffed Croissant- Bacon, Egg, and Cheese



Smoked bacon, scrambled eggs and cheese folded together in a handheld croissant
\$6.85/ea (min 6)

Stuffed Croissant- Spinach, Egg, and Cheese (V)



Spinach, scrambled eggs, and cheese folded together in a handheld croissant
\$6.50/ea (min 6)

Stuffed Croissant- Sausage, Green Chili, Egg and Cheese



Sausage, green chili, scrambled eggs and cheese folded together in a handheld croissant
\$6.85/ea (min 6)

Stuffed Croissant- Ham and Cheese



Classic smoked ham and cheese croissant wrapped in fresh baked croissant
\$6.75/ea (min 6)

Stuffed Croissant- Ham, Egg and Cheese



Classic smoked ham, egg and cheese croissant wrapped in fresh baked croissant
\$6.85/ea (min 6)



INDIVIDUALLY PACKED & READY TO GO!

- Longer shelf life
- More sanitary
- Individually portioned
- Packaging that is easier on the environment & functional ♻️



Grab n'Go Salads

Blackened Chicken Cobb



Fajita seasoned chicken, hard boiled egg, gorgonzola cheese, red bell pepper, red onion, romaine lettuce, Ranch dressing and tortilla strips

\$10.65/ea (min 3)

Veggie Taco Salad (V)



Quinoa topped w/red cabbage, roasted sweet potato, roasted red onion, chipotle chickpeas, corn black beans, almonds, cilantro, baby spinach. Served with Chipotle Vinaigrette

\$10.50/ea (min 3)

Asian Crunchy (V)



Chopped romaine, spinach, red cabbage, cucumber, carrots, bell peppers, cilantro, almonds, fried wontons, teriyaki glaze and Ponzu Vinaigrette

\$8.50/ea (min 3)
Add Chicken \$3

Caesar Salad (V)



Chopped romaine, house made Caesar dressing, Parmesean cheese and garlic croutons

\$9.95/ea (min 3)
Add Chicken \$3

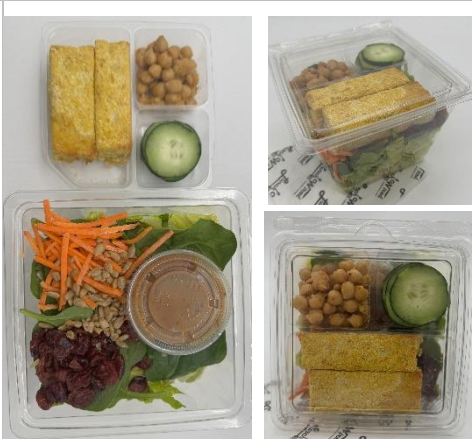
Italian Chopped Salad (V)



Chopped romaine, pepperoncini, provolone, diced cucumber, diced tomato, diced red onion, house made vinaigrette

\$10.65/ea (min 3)

Crispy Tofu Salad (V)



Seasoned crispy tofu, mixed greens, chipotle roasted chickpeas, cucumber, dried cranberries, shredded carrots, sunflower seeds and balsamic vinaigrette

\$10.45/ea (min 3)

Mediterranean Bowl (V)



Quinoa topped w/tomatoes, parsley, cucumber, red bell peppers, red onions, Feta cheese, pepperoncini, baby spinach and toasted pita chips with roasted onion hummus and Greek dressing

\$9.50/ea (min 3)
Add Chicken \$3

Falafel Salad (V)



Crispy falafel, romaine lettuce, tomato, cucumber, quinoa, feta cheese, toasted pita chips, tzatziki yogurt sauce and house made tangy vinaigrette

\$10.45/ea (min 3)

Buffalo Chicken Salad



Romaine lettuce, red cabbage, carrots, celery, red onion, roasted chicken breast. Served with wing sauce and Ranch dressing

\$10.65/ea (min 3)


BLT Salad



Romaine lettuce, baby spinach, red onion, grape tomatoes, diced smoked bacon and house made Caesar dressing

\$10.45/ea (min 3)

Fresh Packed Salads on the Go!

- Longer shelf life- up to 5 days in refrigeration
 - Our ingredients stay better longer with innovative packaging
 - Thoughtful presentation and barriers ensure quality and freshness
 - House made dressings and sauces packed within the container so your salad is dressed your way
- Tamper evident container
 - Salads are sealed using innovative square lock and tear seal
 - Inner tray confirms ingredients are fresh and presentable
- Packaging that's easier on the environment and functional 
 - Our containers, trays and sauce cups are Type 1 recycled materials for food service

Grab n'Go Sandwiches and Wraps

Turkey Deli Sandwich



Available on Challah or Multi Grain

Turkey, Cheddar cheese, lettuce and tomato. Served on house baked bread w/mayo and mustard on the side

\$10.45/ea (min 5)

Sweet Ham Sandwich



Hardwood smoked ham, Swiss cheese, leaf lettuce, Challah bread, basil aioli and cranberry sauce served on the side

\$10.45/ea (min 3)

Italian Sandwich



Lettuce, ham, Capicola, Genoa Salami, provolone, pepperoncini and sliced red onion. Served on focaccia with mayo, red wine vinegar and garlic oil

\$10.75/ea (min 3)

Chicken Salad Sandwich



House made chicken salad (roasted chicken, cranberries, red onion, celery, fresh cilantro, toasted almonds), lettuce, radish. Served on Challah Bread

\$10.45/ea (min 3)

Club Sandwich



Turkey, ham, lettuce, tomato, Muenster cheese, Cheddar cheese, smoked bacon. Served on Challah with garlic aioli on the side

\$10.75/ea (min 3)

Falafel Wrap (V)



Chipotle chickpeas, falafel, romaine, feta, red onion, sundried tomato, wheat wrap, tzatziki sauce

\$10.45/ea (min 3)

Chipotle Crunch Wrap (V)



Romaine, roasted sweet potatoes, shredded carrots, sliced jalapeños, corn, black beans, Pepper jack cheese, hummus

\$10.45/ea (min 3)

Southwest Chicken Wrap



Fajita spiced chicken, shredded jack & cheddar chicken, corn, black beans, cilantro, lettuce. Wrapped in a spinach tortilla with chipotle mayo on the side

\$10.75/ea (min 3)

Grab n'Go Re-Heatables

Classic Mac n' Cheese (V)



House made gouda mac n' cheese

\$11.95/ea (min 5)

Pulled Pork Mac n' Cheese



Smoked gouda mac n' cheese topped w/slow roasted pulled pork shoulder w/sweet BBQ sauce on the side

\$13.95/ea (min 5)

Chicken Fajita Bowl



Fajita chicken thigh, seared bell peppers & onions, black beans, cilantro rice, served w/ sour cream & Pico de Gallo on the side

\$13.95/ea (min 5)

Chicken Parmesan



Breaded chicken topped w/mozzarella, served w/marinara & linguini, topped w/parsley & parmesan

\$13.95/ea (min 5)

Souvlaki Plate



Chicken Souvlaki served w/lemon herb rice, pita, red onion, tomato, Tzatziki & hummus

\$13.95/ea (min 5)

Tikka Masala



Scrambled eggs, 2 breakfast sausage, mild green chili, Cheddar and Jack cheese served with seasoned breakfast potatoes

\$13.95/ea (min 5)

Falafel Plate (V)



Vegetarian chickpea falafel served w/lemon herb rice, pita, red onion, tomato, Tzatziki & hummus

\$13.95/ea (min 5)

Grab n'Go Re-Heatables

Linguini & Meatballs



Linguini, house red sauce, beef and pork meatballs. With Parmesan cheese and garnished with parsley
\$13.95/ea (min 5)

Rotisserie Chicken Dinner



House rotisserie seasoned chicken. Served with wild rice and green beans
\$13.95/ea (min 5)

Teriyaki Chicken



Teriyaki chicken medallions served with broccoli, onion, carrots, edamame beans and steamed rice.
\$13.95/ea (min 5)